



Ending Quarantine

Community Meeting

COVID-19 SAFETY

PROTECTING YOURSELF & YOUR COMMUNITY



COVID-19 SAFETY

STAY AT HOME ORDER

Stay healthy by staying at home. The more you go out, the more you expose yourself and others to COVID-19.

If you do meet with others for your mental health, you can reduce your risk for getting or spreading COVID-19.

Limit the amount of time you are out of the house.



COVID-19 SAFETY

WEAR A MASK



San Francisco has mandated a face covering requirement when leaving your residence.

Wear a mask in spaces someone might be in later:

- Elevators
- Hallways
- Stairways
- Parking Lots



You need to wear a face covering if you are passing someone while walking or running outside, too.

COVID-19 SAFETY

WASH YOUR MASK

When you get home from an outing, wash your hands and wash your mask with the soap you use to wash your hands.

Other ways to wash your mask:

- Washing Machine
- Soaking it in bleach
 - 4 teaspoons of 6% bleach per quart of room temperature water
 - Soak for 5 minutes

Make sure to completely dry the mask after washing.



Source: [Center for Disease Control](https://www.cdc.gov)



COVID-19 SAFETY

SAFE SOCIAL INTERACTION

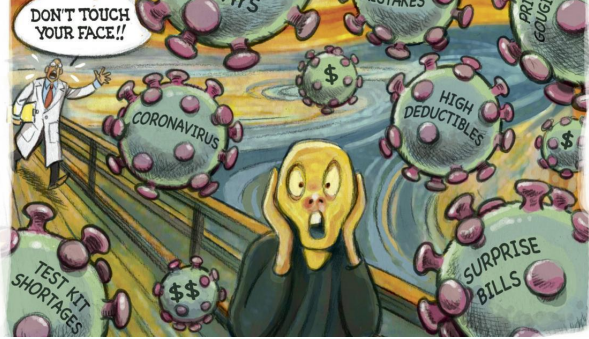
Best way to protect yourself and others is to talk with friends and family online or over the phone.

If you do interact in person:

- Avoid Indoor activities, outside is much safer
- Stay 6 Feet Apart
- Wear Face Coverings
- Try to spend time with the same people
- Keep your group small and stable
- Do not share drinks or food
- Avoid singing, chanting or shouting



Source: [San Francisco Public Health Department](https://www.sfdph.org/dph/IDDC/Pages/COVID-19-Safe-Social-Interaction.aspx)



COVID-19 SAFETY

STAYING HEALTHY

- Do not touch your face with unwashed hands
- If you leave the building for work, consider washing your clothes and changing your shoes after each shift.
- Clean your counters, desk, doorknobs, fixtures, phones, keyboards, and tablets EVERY DAY
- Track your health symptoms with the Campus Clear App

Campus Clear

COVID-19 SAFETY

IN THE BUILDING

- Wear a mask ANY time you leave your room
- Maintain 6 feet distance away from others
- **NO GUESTS ARE ALLOWED**
- Show your ID to the front desk any time you enter or exit the building
- Do not loiter in the lobby, wait outside for deliveries
- All lounges are closed, please do not sit on furniture in skybridges
- Staircases are not cleaned regularly, so they are for emergency use only
- Elevators are cleaned several times a day
- Max of 2 Persons in the Elevator



COVID-19 SAFETY

TRAVELING OUTSIDE OF THE BAY AREA

If you travel outside of the bay area, you must:

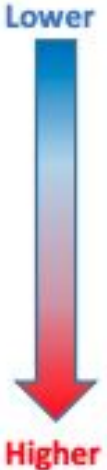
1. Notify your RA of your where you are travelling
2. Let them know when you plan to return
3. Quarantine for 14 days when you return



COVID-19 SAFETY

SAFE SEX

Range of lower-risk to higher-risk approaches:

- 
- Virtual sex, masturbation, sex talk, porn
 - Sex with small, stable group of partners outdoors, or indoors with windows open (cleaned surfaces)
 - Sex with small, stable group of partners indoors with no ventilation or open windows
 - Sex with more people, close sharing of breath, lips, mouth, eyes, unprotected anal play, and objects shared without sanitizing

Source: [San Francisco Public Health Department](#)

**WEARING A FACE COVERING
REDUCES RISK DURING SEX**

QUICKER CAN BE BETTER

MORE PEOPLE, MORE RISK

KEEP IN MIND:

- Distance
- Breath
- Time
- People
- Touch



NAVIGATING

NAVIGATING SAN FRANCISCO



NAVIGATING

BASIC COVID PRECAUTIONS

- Mask
- Hand sanitizer
- 6ft apart
- Wash your hands every time you get home



YOUR NEIGHBORHOOD

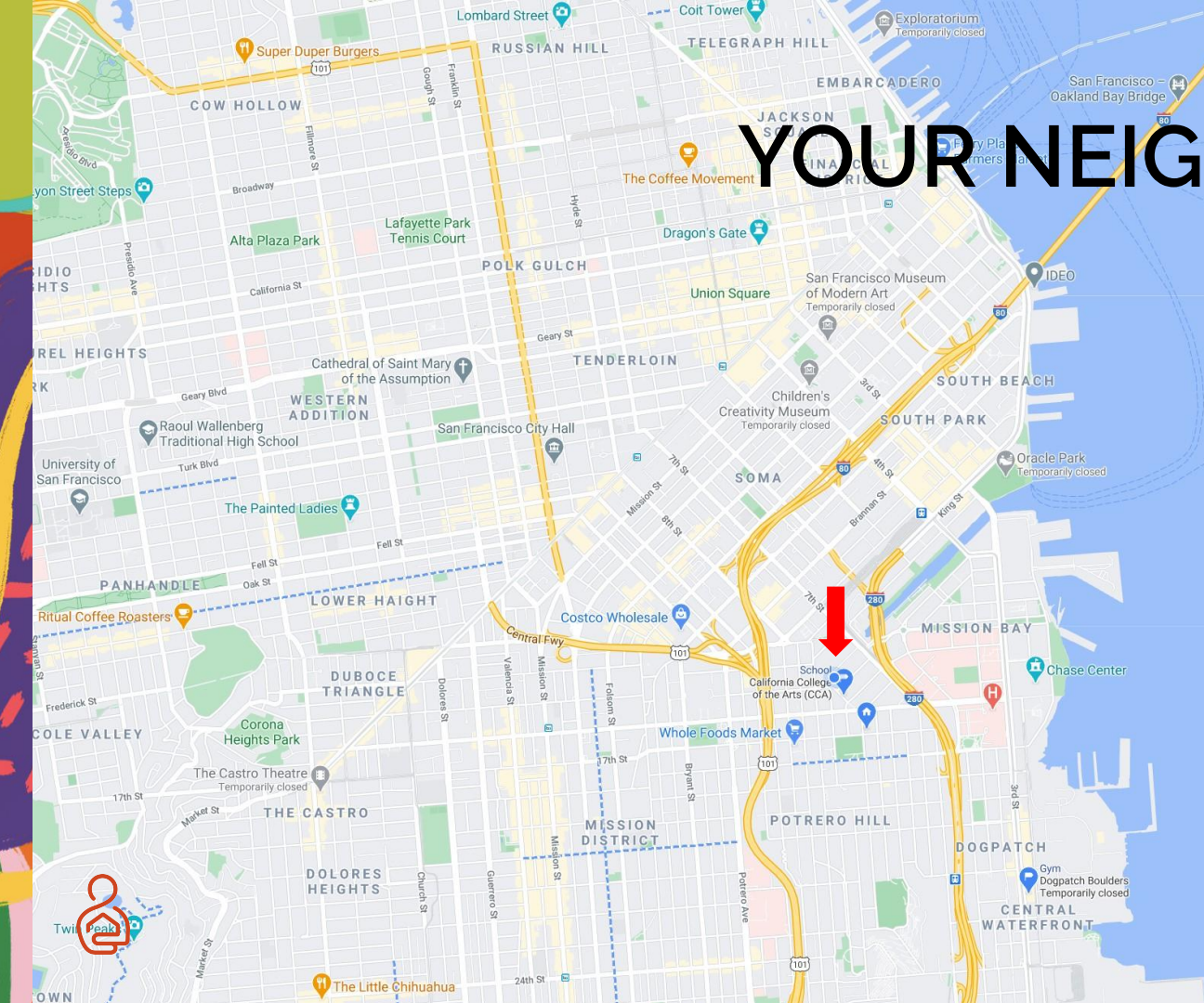
Potrero Hill

SOMA

Mission Bay

Dogpatch

Mission District



NAVIGATING

SOCIALLY DISTANT ACTIVITIES

- Go to a park
- Ride a bike
- Take a walk
- Grab takeout
- Ride a scooter
- SF outdoor attractions
 - Dolores Park
 - Painted Ladies/Alamo Square
 - Ferry Building
 - Chase Center
 - Coit tower



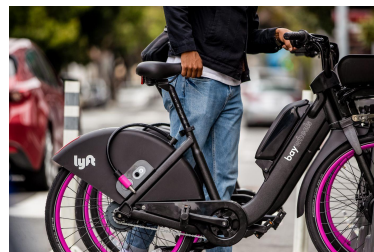
NAVIGATING GETTING THERE

Safer:

- Walk
- Bike (Lyft bike share)
- Scooter share (Scoot, Lime, Spin)
- Revel Moped
- Car Share (Gig, Getaround, Zipcar)

Take Precautions:

- Muni
- BART
- Uber/Lyft



NAVIGATING

PUBLIC SAFETY TIPS

- Be alert and aware of your surroundings
- Walk with purpose
- Trust your intuition
- Keep valuables out of sight
- Safety in numbers
- Check in with someone when you arrive home

Public Safety escort available 24/7

- 15 minutes out, 15 minutes back, including bus wait times
- 415-703-9510



FIRE SAFETY

FIRE HAZARDS & PREVENTION



FIRE SAFETY

EVACUATION & EAPs

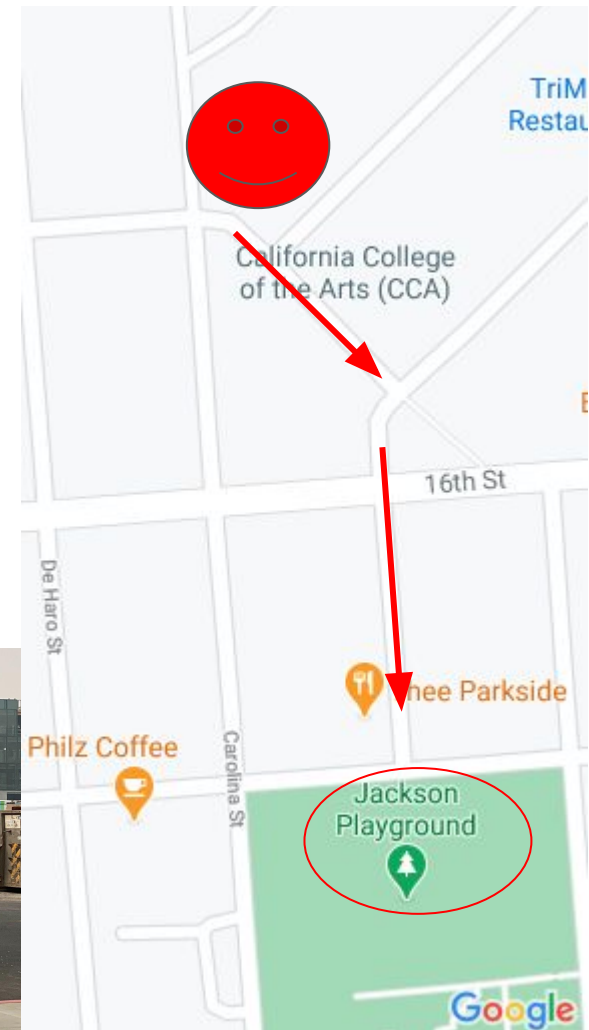
Keep your room clean! You never know if the fire alarm will go off in the middle of the night. Stepping on small items is not comfortable in the dark.

DO NOT USE THE ELEVATOR WHEN EVACUATING

Use the stairs, it is safer.

Emergency Assembly Point:

1. ARCH PARKING LOT
2. JACKSON PARK





FIRE SAFETY

COOKING APPLIANCES

NOT PERMITTED:

Heat producing items such as:

- Toasters
- Toaster Ovens
- Electric hamburger cookers
- Waffle Irons
- Ceramic Sealed Hot Plates
- Deep Fryers
- Countertop Electric grills

If you are unsure, ask one of us.



FIRE SAFETY

COOKING APPLIANCES

These are permitted:

- Electric tea kettles
- blenders
- mixers
- Can openers
- juicers

If you are unsure, ask one of us.



FIRE SAFETY

CANDLES & INCENSE

POSSESSION OR USE OF CANDLES AND INCENSE IN THE RESIDENCE HALLS IS PROHIBITED.

Instead, use a plug-in diffuser or an essential oil diffuser. Keeping your room clean helps with smell.





FIRE SAFETY

DECORATIONS

No flags, banners or other cloth/flammable decorations are to be hung on from the ceiling or wall.

You can't use tacs, pushpins to hang up things. Only use painters tape, or hanging/mounting putty

You can use strands of lights. Do not have more than 3 strands plugged into each other. And make sure they are not covered in flammable material such as paper or cloth. Try to use LED lights, they are safer and better for the environment.



FIRE SAFETY

SMOKE SAFETY

Do not inhale the smoke. Open your window. Open your restroom door, the fan will help air the room out. If you have a kitchen vent, turn that on too.

Leave your room and call the duty phone. Do not prop your door open. Smoke in the hallways will set off the building's fire alarm and we will need to evacuate.



HOT FACTS ABOUT CAMPUS FIRES



TOP 3 CAUSES OF FIRES

COOKING  SMOKING  CANDLES

83 % OF ALL FIRES ON CAMPUS
ARE COOKING RELATED



ANNUAL DAMAGE FROM FIRES AT U.S. COLLEGES



2 DEATHS

+

9.4

MILLION

+



30 CIVILIAN INJURIES

IN DIRECT PROPERTY DAMAGE

NUMBER OF FIRES ANNUALLY ON

U.S. COLLEGE CAMPUSES

SINCE 2003

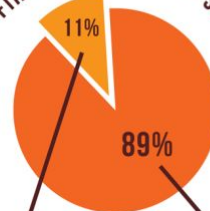
3,350 -4,220



MOST FIRES
OCCUR
BETWEEN
5-11P.M.

5

83 FATAL FIRES HAVE OCCURED SINCE 2000



ON-CAMPUS

OFF-CAMPUS

M T W T F S S

FIRES ARE MORE COMMON
DURING THE WEEKEND





ILLEGAL SUBSTANCES

DRUGS AND ALCOHOL



ILLEGAL SUBSTANCES

MARIJUANA

Possession of marijuana in any form is strictly prohibited at CCA.

This includes (and is not limited to) edibles, CBD hemp oils, and tinctures, even if you have a prescription for medical marijuana and if you do, you should discuss your alternatives with your healthcare provider in advance of your arrival on the CCA campus because you cannot bring it to campus or inside campus residences.

If marijuana in any form is found in your possession, prescription or otherwise, immediate disciplinary action will be taken.



ILLEGAL SUBSTANCES

DRUGS

To promote an environment of artistic and academic excellence, CCA complies with the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Campuses Act Final Regulations of 1990.

The college has a standard of conduct that prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on college property or as a part of college activities.

All violations of the Drug Policies both Residential and On-Campus will be referred to the Student Code of Conduct Process.

The college will impose disciplinary sanctions on students up to and including disciplinary dismissal.



ILLEGAL SUBSTANCES

ALCOHOL

The college expects all students to abide by all federal, state and local laws regarding the use of alcohol. It is a violation of local; state and federal law and campus policy for persons under 21 years of age to purchase, possess or be under the influence of alcohol.

It is also a violation of the law and college policy for anyone of legal drinking age (21 or older) to supply, sell, or furnish alcohol to anyone under the age of 21.

The college recognizes students who reside in these buildings or floors may be over the age of 21; thus, these students are legally allowed to consume alcoholic beverages.

Only residential students 21 years of age and older may possess and consume alcoholic beverages. Alcohol may be possessed and consumed only in student rooms where all occupants are 21 years of age or older.

When consuming alcohol in student rooms or apartments, the room/apartment door must be closed and occupants must be in no violation of other policies.





MAIL

MAIL & PACKAGES



MAIL

ADDRESS

YOUR NAME

188 HOOPER ST

UNIT #

SAN FRANCISCO, CA

94107



MAIL

LUXERONE PACKAGE SYSTEM

Next week the delivery service stops and we will start using our mail/package locker system. Please make sure you set up LuxerOne before ordering packages! We utilize LuxerOne which is an automated system that stores mail/packages. Charges do apply. It is \$1 per locker per day.

LuxerOne is an external company so for further issues or questions, please contact LuxerOne Customer Service at **415-255-7500**

1. Go to www.luxerone.com
2. Click Login / Sign Up
3. Click Create an account
4. Enter your information. The address is 188 Hooper St. The Unit Number is the suite number or room number (example 501B or 222).
5. Enter card information. You will be charged \$1 for every delivery.
6. Click request access



*The system is still being set up, we will be using this as soon as the system works. If you have any questions please stop by the front desk.

LAUNDRY

WASH APP



LAUNDRY

WASH-CONNECT APP & MACHINE INSTRUCTIONS

- Download the Wash-Connect app
- Turn on your bluetooth - your phone uses it to find the machines
- The app has great instructional videos and a how-to guide is available as well
- If a machine is not working, fill out a service request on the app



THANK YOU!

QUESTIONS?



THANK YOU!

**RESIDENTS WHO MOVED
IN 8/30, YOUR
QUARANTINE PERIOD IS
NOW OVER 🎉**

