

ONLINE LEARNING STRATEGIES

ESTABLISH A DAILY SCHEDULE

Set yourself up for success by *establishing a daily routine*. Make sure you're hydrated, getting enough sleep and charging your devices each day!

FIND A DEDICATED WORKSPACE

Separate your schoolwork from your home life by designing a comfortable learning environment / *setup* where you can focus and avoid *distractions*.

ASK FOR HELP

Contact [Help Desk](#) for tech support, [Learning Resources](#) for academic coaching, and [Division of Student Affairs](#) for information, resources, and support.

CURATE YOUR TECHNOLOGY

Take advantage of different apps and resources by researching new ways to learn and communicate in an [online environment](#).

STAY CONNECTED

Maintain connections by participating in class sessions. Check your email regularly for important news & announcements. Keep your [contact information](#) up to date.

GIVE YOURSELF A BREAK

Take dedicated breaks to recharge and clear your mind. It's important to take care of your your holistic well being. For confidential support, see [Counseling Services](#).

PRACTICE SELF-ACCOUNTABILITY

Ensure objectives are met by setting realistic goals and using excellent Learning Resources tools and strategies with [Hack Your Homework](#).

COMMUNICATE WITH INSTRUCTORS

If you are unclear on feedback / instructions [ask for clarification sooner rather later](#). Follow up with your Instructor using their preferred mode of communication.

KEEP MAKING!

Explore ways to [make your space creative](#) wherever you are, it is important to continue doing things that bring you joy!