We Are ChimeraMADE!



The Office of Student Life is here to support you as we all go through this time together!

The Office of Student Life is still here for you! Here we will share resources, how to contact us, share general updates and events . Yes, we can be together – from here.

Being apart teaches us how to be TOGETHER

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We're here for you!

We are hosting "Open Office Hours" with OSL staff if you want to make an appointment to talk or ask questions! If you'd like to have a virtual coffee break or tea time, pick a staff member below to select a time on their calendar or email them to request an appointment and we will send you a Zoom link. Please schedule at least 8 hours in advance so we can send you a personal zoom link!

- <u>Nyssa Baca, Coordinator for Student Activities</u> (email for appointment)
- <u>Winnie Bee, Coordinator for Student Leadership & Engagement</u>
- Janeece Hayes, Associate Director of Student Life
- <u>Noki Seekao, Director of Student Life</u>

Stay connected to the your student community

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Taking Care:

A few resources to check out if you need them - click on the images to go to their sites:

Resources – Campus Updates:

Click to visit the portal for updates about college news and updates on all things CCA and community



California College of the Arts

Resources - For Students:

- <u>Comcast offering free internet</u>
- <u>Charter communications offering free wi-fi</u> and broadband
- <u>Toon Boom: Free 30-day at home access</u>
- ZBrush: Free 30-day trial w/ edu extension
- <u>Autodesk: Free software for edu (Maya,</u> <u>Mudbox, etc.)</u>
- <u>Blender: Free 3D animation/modeling tool</u>

- Sculptris: Free 3D modeling tool
- OpenToonz: Free digital animation software
- <u>Audacity: Free audio editing tool</u>
- <u>Uhaul offering 30-day free self-storage</u>
- <u>Success in Online Learning</u>
- Zoom for EDU (YouTube playlist)

Resources – Food:

SF·MARIN FOOD BANK

A few resources to check out if you need them - click on the images to go to their site:





Until everyone's fed

FOODPANTRIES.ORG

Resources - Unemployment:

Lost your income? File for unemployment by click below to go to their site:



Resources - Health:

Want to reliable updates? Need Insurance Info? - click below to go to their site:





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Resources - Wellness:

- Greater Good's Guide Well-Being to Coronavirus
- <u>Lululemon Youtube Channel</u>
- Lululemon: Daily Classes on IGTV
- Yoga with Adriene Youtube Channel
- <u>NEOU Fitness: 30 Day Free Trial</u>
- <u>The Bar Method Noho: Weekly classes on IGTV</u>
- <u>The Sculpt Society: Megan Roup</u>
- OBE Studio: 1st month free with code
 ""SWEATSANDCITY""
- Souk Studios: Zoom Classes (small donation)

- <u>Tone It Up: Free Month</u>
- <u>Ume Yoga: Zoom Classes</u>
- DANCEBODY 50% off your first month
- <u>PVOLVE Student and educator discounts</u>
- <u>EVOLVEBYERIKA.COM.</u> Use code '555' for your 1st month for \$10 (meditation, yoga + toning flows).
- <u>TONEITUP</u> Free month for new users
- <u>BODYBYSIMONE</u> <u>Lowered their on</u> <u>demand pricing by 40%</u>
- <u>FitOn</u> (free phone app with customized workouts)

Resources – For Artists:

- <u>COVID-19 Resources for the Artist Organization Field</u>
- <u>COVID-19 & Freelance Artists</u>
- Literary hub resources for gig workers
- <u>Artists Thrive! COVID-19 resources</u>
- Emergency Funds for Freelancers and Creatives (KQED Arts)
- Bomb Magazine





"Any form of art is a form of power; it has impact, it can affect change – it can not only move us, it makes us move."
Ossie Davis

Thanks for watching! Visit again for new content!